

CO-CURRICULAR ACTIVITIES

Frequently Offered:

Art Club **Ms. Mertz**

Art Club is intended to provide additional time to students who enjoy and desire more art than what is offered in their schedules. It is also an opportunity for students to experiment with art media that is not covered in the traditional curriculum.

Book Club **Ms. Umstead**

This club meets once a month to talk about books, authors, short works, and poetry. Students create "Favorite Author" [presentations and write letters to authors.

Bowling Club **Ms. Moseman & Ms. McNary**

Students with an interest in bowling meet twice a month after school at Western Bowl. Participants learn about league bowling as well as improving their level of play. Beginners are welcome.

Central Sound/Swing Choir **Ms. Cox**

The Millard Central Music Department will hold auditions in the fall for all seventh and eight grade students who are enrolled in chorus. The Central Sound Swing Choir performs for various community functions as well as concerts and contests. The students rehearse before the school day at 7:00 A.M. on Monday and Wednesday. The group is fitted with matching outfits, which are paid for by the students.

Chess Club **Ms. Umstead**

This club meets twice a month to play and share chess trivia and strategies. A yearlong log is kept to record who wins, and a Chess Champion is crowned in the spring.

Cross Country **Ms. Wiltgen**

Cross Country is open to sixth, seventh, and eighth grade boys and girls. This club will meet in the fall. A physical form is required.

Drama Club **Ms. Spessard**

Everyone is welcome to join in the fun and creativity of Drama Club. The club will focus on acting exercises that will help the actor explore character, movement and voice. Students listen to guest speakers on various aspects of acting, as well as reading through plays, and working on character development and stage presence. The group works toward a show that is usually performed in early April.

Earth Savers Club Mr. Bachle

The Environmental Club members will learn what can be done as an individual, a middle school student, and a group to better the environment in which we live. The club will promote their goals and ideals with others in their environment. Members will bring back what they have done to improve their surroundings and others between meetings. When weather permits, the group will find activities that promote the betterment of our school and neighborhood's environment. Eighth grade students in need of community service or volunteering may use the participation in this club to satisfy those requirements.

Family & Consumer Science Club Ms. Hobbs

The FCS Club offers opportunities for students to participate in activities that extend learning beyond the FCS classroom. Students participate in cooking, crafts, and service projects for the school and community. In the past, students have made cookies, cupcakes, gingerbread houses, crafts, jewelry, photo albums, and gifts that were given to teachers for Teacher Appreciation Week.

Fitness Club Ms. Moseman

Fitness Club activities will vary each month; yoga, walking n neighborhood or school, western bowl, step aerobics, top 40 dance, as examples. Included in each meeting will be 30 minutes of physical activity. Healthy lifestyle topics will be discussed and healthy or exotic foods sampled at various meetings. Comfortable clothing required.

Jazz Band Mr. Auman

The Jazz Band meets at 7:00 A.M. on Tuesday and Thursdays throughout the school year. During rehearsals, students explore a variety of jazz styles including swing, rock, and Latin. Jazz Band performs at several concerts each year and may perform outside the building as time permits.

Knowledge Masters Ms. Umstead

Knowledge Masters is a club for students who like to watch Who Wants to be a Millionaire and/or who like to play Trivial Pursuit. Students in Knowledge Masters possess knowledge that nobody else knows and they want to share it. This club is open to sixth, seventh, and eighth graders. The club competes in two national Knowledge Masters competitions via a computer. The sixth graders compete in one competition by themselves.

Photography Club Mr. Srb

Photography Club is designed for the purpose of allowing students to identify the qualities of what makes a good photograph. The students will bring in photography that they have taken throughout the year and analyze the best photographs and the reason(s) that they feel are worthy of adoration. Photography Club will also offer the students a chance to work with different types of photo, i.e. panoramic, zoom lens, and black and white photos.

Responsible sixth and seventh grade students showing talent with a camera will be given special consideration when selecting the eighth grade Yearbook Staff.

Stock Market Club Mr. Bachle & Mr. LaFond

The purpose of the Stock Market Club is to educate students so they can have a proper foundation for investment in the stock market. Students will find out why the stock market exists, why buying stock could be a good investment, and how a person goes about buying stock. Various web sites will be shown to students so they can research to make informed decisions about what are good stock purchases. Using pretend money, the students will keep track of stock buys and by the end of the year find out if they made wise or faulty picks throughout the year.

Student Council Ms. Baratta, Ms. Garabrandt, & Ms. Kraft

Student Council members are an elected group of students that represent the student body. Members are responsible for organizing and coordinating various school-wide events such as spirit days and school parties. Members also hold events that benefit community agencies like the United Way and the Omaha Food Bank. Members are required to attend a minimum of two monthly meetings that are held before and after school.

Wits Clash Ms. Umstead

Wits Clash is a club for seventh and eighth graders who like to compete with other schools in a test of knowledge. A team is selected that represents Central Middle School. They compete at the Roncalli High School Wits Clash. The team also competes against other middle schools at a competition in Elkhorn, Nebraska. Millard Central Middle School won this competition in 1999 and 2000.

SPARKS Ms. Buchanan, Ms. Gillett

The main purpose of SPARKS is to provide opportunities for kids to have drug-free fun. Among the activities planned is a trip to Vala's Pumpkin Patch, a mini lock in for the sixth graders and an overnight lock in here at Central for seventh and eighth graders. SPARKS also sells blow pops, organizes lunchtime contests (free throws, hula-hoop), and plans High on Life and Red Ribbon Weeks. Large group meetings are at 7:15 a.m. on the 4th Friday of every month. Attending meetings and working contests and fundraisers are important because students must attend most of the meetings and work a minimum number of events in order to qualify to attend the lock-in.

CO-CURRICULAR SPORTS ACTIVITIES

Frequently Offered:

It is the policy of the Millard Public Schools that any student (boy or girl) who wishes to participate in an interscholastic sport or intramural 7th or 8th grade football must have a physical examination before he or she may be allowed to participate. Sports physicals must take place after June 1 of the preceding school year but prior to the first practice. We strongly encourage any student participating in our intramural program to have a physical examination also.

BOYS 6th, 7th, & 8th Grade Athletic Program

Football – Intramural –

1. Opening date – August
2. Closing date – October
3. Teams – after conditioning drills, teams to be selected by coaches under direction of the athletic director
4. Uniforms provided.

Wrestling – Interscholastic –

1. Opening date – January
2. Closing date – March
3. Uniforms provided.

*Basketball – Intramural -

1. Opening date – October
2. Closing date – December
3. Number of games dependent on number of teams; schedule to be determined by the athletic director.
4. No uniforms; use gym outfits.

Basketball – Interscholastic (8th Grade only)

1. Opening date – October
2. Closing date – December
3. Uniforms provided.

Track – Interscholastic –

1. Opening date – March
2. Closing date – May
3. Uniforms and sweat suits provided.

*6th Grade Athletics – Intramural basketball for Boys.

GIRLS
6th, 7th, & 8th Grade Athletic Program

*Volleyball – Intramural –

1. Opening date – August
2. Closing date – October
3. Game limitations – dependent on number of teams; schedule to be determined by the athletic director.
4. No uniforms.

*Basketball – Intramural –

1. Opening date – January
2. Closing date – March
3. Number of games dependent on number of teams; schedule to be determined by the athletic director.
4. Game jerseys provided

Basketball – Interscholastic (8th Grade only) –

1. Opening date – January
2. Closing date – March
3. Game limitations – six plus one tournament
4. Uniforms provided.

Volleyball – Interscholastic (8th Grade only)

1. Opening date – August
2. Closing date – October
3. Uniforms provided.

Track – Interscholastic –

1. Opening date – March
2. Closing date – May
3. Uniforms and sweat suits provided.

*6th Grade Athletics – Intramural Volleyball and Intramural Basketball for Girls.